

Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Generated on: 2/4/2025 6:05:59 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/03/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 4925 | | | | | | | | | | | | | | |
| Mini Donuts, Wh Gr Chocolate | 1 each | 4925 | 300 | 0 | 290 | 3.00 | 1.08 | 20.0 | 100 | 0.0 | 20 | 5.0 | 39.0 | 13.0 | 8.00 | 0.00 |
| Juice, Wildberry, 4oz, 2024 | Each(4oz) | 4925 | 60 | 0 | 15 | 0.00 | 0.00 | 200.0 | 2000 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| BANANAS | 1 EACH | 2462 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 662 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 4263 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 525 | 6 | 507 | 4.31 | 1.21 | 442.7 | 3065 | 34.39 | 60 | 13.68 | 84.72 | 13.50 | 8.26 | 0.00 |
| % of Calories | | | | | | | | | | | 45.3% | 10.4% | 64.6% | 23.1% | 14.2% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|---------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|--------|--------|------|
| Tue - 02/04/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 3988 | | | | | | | | | | | | | | |
| PAN DULCE (STRAW.) | 1 EACH | 3988 | 200 | 5 | 90 | 2.00 | 1.80 | 40.0 | 40 | 0.0 | 8 | 5.0 | 34.0 | 6.0 | 1.50 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 3988 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| GRAPES, Fresh PKG '23 | serv.(1/2 cup) | 1994 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 356 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3632 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 390 | 11 | 310 | 2.21 | 1.87 | 256.6 | 1018 | 30.92 | 45 | 13.23 | 72.41 | 6.30 | 1.66 | 0.00 |
| % of Calories | | | | | | | | | | | 46.4% | 13.6% | 74.2% | 14.5% | 3.8% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|----------------------------|-----------------|------|-----|----|-----|------|------|-------|------|------|----|-----|-------|------|------|------|
| Wed - 02/05/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 4155 | | | | | | | | | | | | | | |
| Cinnamon Swirls, WG 2024 | Serving | 4155 | 300 | 10 | 125 | 3.00 | 0.36 | 499.7 | 0 | 0.0 | 22 | 6.0 | 47.97 | 8.99 | 2.50 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz) | 4155 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| Craisins 2020 | Serv.(1/2 Cup) | 2077 | 187 | 0 | 3 | 3.21 | 0.24 | 5.5 | 28 | 0.12 | 44 | 0.1 | 50.18 | 0.66 | 0.05 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 412 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3743 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |

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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

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Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average | | | 568 | 16 | 344 | 4.60 | 0.48 | 727.3 | 1064 | 30.06 | 76 | 15.15 | 106.46 | 9.57 | 2.67 | 0.00 |
| % of Calories | | | | | | | | | | | 53.8% | 10.7% | 75.0% | 15.2% | 4.2% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| Thu - 02/06/2025 | | | | | | | | | | | | | | | | |
|-----------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|--------|--------|------|
| MS BIC Breakfast | Total | 5825 | | | | | | | | | | | | | | |
| DOUBLE CHOC. BAR- 2017 | EACH(2G) | 5825 | 270 | 0 | 230 | 5.00 | 2.70 | 20.0 | 105 | 0.0 | 21 | 5.0 | 48.0 | 8.0 | 2.50 | 0.00 |
| Juice, Wildberry, 4oz, 2024 | Each(4oz) | 5825 | 60 | 0 | 15 | 0.00 | 0.00 | 200.0 | 2000 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| TANGERINES, FRESH | Serving | 722 | 89 | 0 | 3 | 3.02 | 0.25 | 62.2 | 1144 | 44.86 | 18 | 1.36 | 22.41 | 0.52 | 0.07 | 0.00 |
| MILK, 1% DW 2024 | EACH(1/2 pint) | 675 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK, NF Chocolate DW 2024 | EACH (1/2 pint) | 5150 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 461 | 6 | 448 | 5.37 | 2.73 | 445.1 | 3189 | 35.56 | 57 | 13.28 | 85.08 | 8.35 | 2.68 | 0.00 |
| % of Calories | | | | | | | | | | | 49.1% | 11.5% | 73.8% | 16.3% | 5.2% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| Fri - 02/07/2025 | | | | | | | | | | | | | | | | |
|------------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|--------|--------|------|
| MS BIC Breakfast | Total | 5750 | | | | | | | | | | | | | | |
| Cluster Brk, Whole Grain '22 | 1 EACH | 5750 | 260 | 0 | 190 | 3.00 | 2.70 | 80.0 | 70 | 0.0 | 14 | 5.0 | 38.0 | 10.0 | 2.50 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz) | 5750 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| APPLES, Fresh sliced '23 2oz | pkg. (2oz) | 2875 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK, 1% DW 2024 | EACH(1/2 pint) | 750 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK, NF Chocolate DW 2024 | EACH (1/2 pint) | 5000 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 452 | 6 | 406 | 4.00 | 2.79 | 314.6 | 1130 | 91.80 | 49 | 14.13 | 75.22 | 10.33 | 2.70 | 0.00 |
| % of Calories | | | | | | | | | | | 43.7% | 12.5% | 66.6% | 20.6% | 5.4% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|---|-----|------|------|-------|------|-------|--------|-------|-------|-------|------|------|
| Weighted Average | | | 479 | 9 | 403 | 4.10 | 1.82 | 437.3 | 1893 | 44.55 | 57 | 13.90 | 84.78 | 9.61 | 3.59 | 0.00 |
| | | | | | | | | | | | 107.9% | 11.6% | 70.8% | 18.0% | 6.7% | 0.0% |

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-----------|-------------------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | |
| Calories | 479 | | 400 - 550 | | 100% | | | | | | | | | | | | |
| Cholesterol (mg) | 9 | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 403 | | 600 | | 67% | | | | | | | | | | | | |
| Fiber (g) | 4.10 | | | | | | | | | | | | | | | | |
| Iron (mg) | 1.82 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 437.3 | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 1893 | | | | | | | | | | | | | | | | |
| Sugars (g) | 57 | 47.94% | | | | | | | | | | | | | | | |
| Vitamin C (mg) | 44.55 | | | | | | | | | | | | | | | | |
| Protein (g) | 13.90 | 11.60% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 84.78 | 70.75% | | | | | | | | | | | | | | | |
| Total Fat (g) | 9.61 | 18.05% | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 3.59 | | <=30.00% | | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | <10.00% | | | | | | | | | | | | | | |

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Feb 10, 2025 thru Feb 14, 2025

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodim (mg) | Fiber (g) | Iron (mg) | Calcim (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|------------|-----------|-----------|-------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/10/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 1 | | | | | | | | | | | | | | |
| HOLIDAY | SERVING | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodim (mg) | Fiber (g) | Iron (mg) | Calcim (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-----------------------------|-----------------|-----------|-------------|-------------|------------|-----------|-----------|-------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/11/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 5750 | | | | | | | | | | | | | | |
| Waffles, Vanilla | pkg | 5750 | 271 | 17 | 226 | 2.26 | 0.00 | 9.0 | 68 | 0.0 | 14 | 5.65 | 37.27 | 10.17 | 2.82 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz | 5750 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced '23 2oz | pkg. (2oz) | 2875 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 750 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 5000 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 463 | 23 | 442 | 3.26 | 0.09 | 243.6 | 1128 | 91.80 | 49 | 14.78 | 74.49 | 10.49 | 3.02 | 0.00 |
| % of Calories | | | | | | | | | | | 42.2% | 12.8% | 64.3% | 20.4% | 5.9% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodim (mg) | Fiber (g) | Iron (mg) | Calcim (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-------------------------------|-----------------|-----------|-------------|-------------|------------|-----------|-----------|-------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/12/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 3265 | | | | | | | | | | | | | | |
| CEREAL,MALT-O,Marsh-Mateys'24 | BOWL (2 oz.) | 3265 | 210 | 0 | 380 | 3.00 | 18.00 | 200.0 | 1000 | 12.0 | 23 | 4.0 | 47.0 | 2.0 | 0.00 | 0.00 |
| Juice, Wildberry, 4oz, 2024 | Each(4oz) | 3265 | 60 | 0 | 15 | 0.00 | 0.00 | 200.0 | 2000 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| BANANAS | 1 EACH | 1632 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 225 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3040 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 435 | 6 | 601 | 4.31 | 18.13 | 612.9 | 3998 | 46.39 | 63 | 12.62 | 93.12 | 2.34 | 0.16 | 0.00 |
| % of Calories | | | | | | | | | | | 57.8% | 11.6% | 85.6% | 4.8% | 0.3% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

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| | Portion Size | Relmb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/13/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 4155 | | | | | | | | | | | | | | |
| FRENCH TST Mini Cinna '23 | SERV | 4155 | 220 | 115 | 330 | 3.00 | 1.80 | 80.0 | 193 | 3.6 | 8 | 9.0 | 30.0 | 8.0 | 1.50 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 4155 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| TANGERINES,FRESH | Serving | 2077 | 89 | 0 | 3 | 3.02 | 0.25 | 62.2 | 1144 | 44.86 | 18 | 1.36 | 22.41 | 0.52 | 0.07 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 412 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3743 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 440 | 121 | 551 | 4.51 | 1.93 | 325.9 | 1715 | 56.02 | 50 | 17.78 | 75.61 | 8.51 | 1.68 | 0.00 |
| % of Calories | | | | | | | | | | | 45.9% | 16.2% | 68.8% | 17.4% | 3.4% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|--------|-------|-------|--------|--------|-------|
| Fri - 02/14/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 5788 | | | | | | | | | | | | | | |
| BREAD,CHAMELEON,peach, 2017 | 1 EACH | 5788 | 251 | 50 | 226 | 2.38 | 1.35 | 27.1 | 203 | 0.97 | *31 | 4.18 | 47.74 | 5.45 | 0.70 | *0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz) | 5788 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| Crisps, Apple-Strawberry '22 | BAG (0.34 oz) | 1625 | 39 | 0 | 0 | 1.93 | 0.00 | 0.0 | 34 | 0.0 | 7 | 0.0 | 9.64 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 622 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 5163 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 437 | 56 | 444 | 2.92 | 1.35 | 253.1 | 1259 | 30.97 | *65 | 13.28 | 83.79 | 5.72 | 0.86 | *0.00 |
| % of Calories | | | | | | | | | | | *58.4% | 12.2% | 76.7% | 11.8% | 1.8% | *0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|------|-------|--------|-------|-------|-------|------|-------|
| Weighted Average | | | 444 | 52 | 509 | 3.75 | 5.37 | 358.9 | 2025 | 56.30 | *57 | 14.61 | 81.75 | 6.77 | 1.43 | *0.00 |
| | | | | | | | | | | | *115.2 | 13.2% | 73.7% | 13.7% | 2.9% | *0.0% |

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Chol ¹ (mg) | Sodium (mg) | Fiber (g) | Iron (mg) | Calc ^m (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|------------------------|-------------|-----------|-------------------------|------------------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | | |
| Calories | 444 | | 400 - 550 | 100% | | | | | | | | | | | | | |
| Cholesterol (mg) | 52 | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 509 | | 600 | 85% | | | | | | | | | | | | | |
| Fiber (g) | 3.75 | | | | | | | | | | | | | | | | |
| Iron (mg) | 5.37 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 358.9 | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 2025 | | | | | | | | | | | | | | | | |
| Sugars (g) | 57 | 51.18% | | | Missing | | | | | | | | | | | | |
| Vitamin C (mg) | 56.30 | | | | | | | | | | | | | | | | |
| Protein (g) | 14.61 | 13.18% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 81.75 | 73.72% | | | | | | | | | | | | | | | |
| Total Fat (g) | 6.77 | 13.73% | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 1.43 | 2.90% | | <=30.00% | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | <10.00% | Missing | | | | | | | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/17/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 1 | | | | | | | | | | | | | | |
| HOLIDAY | SERVING | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| % of Calories | | | | | | | | | | | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|------------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|--------|--------|------|
| Tue - 02/18/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 4925 | | | | | | | | | | | | | | |
| Uncrustable, Grape Wh,Che-2016 | 1 each | 4925 | 300 | 0 | 280 | 4.00 | 0.18 | 260.0 | 0 | 0.0 | 14 | 9.0 | 32.0 | 17.0 | 3.00 | 0.00 |
| Juice, Wildberry, 4oz, 2024 | Each(4oz) | 4925 | 60 | 0 | 15 | 0.00 | 0.00 | 200.0 | 2000 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Craisins, Watermelon | serv. (1.1 6 oz) | 2462 | 110 | 0 | 0 | 3.00 | 0.00 | 0.0 | 120 | 0.0 | 24 | 0.0 | 28.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 662 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 4263 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 535 | 6 | 497 | 5.50 | 0.18 | 680.2 | 2993 | 30.00 | 59 | 17.13 | 80.19 | 17.34 | 3.20 | 0.00 |
| % of Calories | | | | | | | | | | | 44.4% | 12.8% | 60.0% | 29.2% | 5.4% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|-----------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|--------|--------|------|
| Wed - 02/19/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 5750 | | | | | | | | | | | | | | |
| Cinnamon Swirls, WG 2024 | Serving | 5750 | 300 | 10 | 125 | 3.00 | 0.36 | 499.7 | 0 | 0.0 | 22 | 6.0 | 47.97 | 8.99 | 2.50 | 0.00 |
| Orange Juice, DW, 4oz.2024 | EACH(4 oz) | 5750 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced '23 2oz | pkg. (2oz) | 2875 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 750 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 5000 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 492 | 16 | 341 | 4.00 | 0.45 | 734.3 | 1060 | 91.80 | 57 | 15.13 | 85.19 | 9.32 | 2.69 | 0.00 |
| % of Calories | | | | | | | | | | | 46.6% | 12.3% | 69.3% | 17.1% | 4.9% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

Page 2

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/20/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 4155 | | | | | | | | | | | | | | |
| Waffles, Mini Maple 2017 | pkg | 4155 | 210 | 0 | 170 | 3.00 | 0.72 | 20.0 | 65 | 0.0 | 13 | 4.0 | 38.0 | 6.0 | 1.00 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 4155 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| TANGERINES,FRESH | Serving | 2077 | 89 | 0 | 3 | 3.02 | 0.25 | 62.2 | 1144 | 44.86 | 18 | 1.36 | 22.41 | 0.52 | 0.07 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 412 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3743 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 430 | 6 | 391 | 4.51 | 0.85 | 265.9 | 1587 | 52.42 | 55 | 12.78 | 83.61 | 6.51 | 1.18 | 0.00 |
| % of Calories | | | | | | | | | | | 51.6% | 11.9% | 77.9% | 13.6% | 2.5% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|--------------------------|------|---------|-----|-----|------|------|-------|-------|--------|-------|-------|-------|--------|--------|------|
| Fri - 02/21/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 3988 | | | | | | | | | | | | | | |
| Croissant ,Egg, & Cheese-'24 | Sandwich | 3988 | 292 | 128 | 667 | 2.00 | 2.16 | 249.6 | *160 | *0.0 | 4 | 11.55 | 30.86 | 14.32 | 6.06 | 0.16 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz serv.(1/2 cup) | 3988 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| GRAPES,Fresh PKG '23 | | 1994 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 356 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3632 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 482 | 134 | 886 | 2.20 | 2.23 | 476.2 | *1239 | *30.92 | 41 | 20.79 | 68.26 | 14.63 | 6.22 | 0.16 |
| % of Calories | | | | | | | | | | | 33.7% | 17.2% | 56.6% | 27.3% | 11.6% | 0.3% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|-------|--------|-------|-------|-------|-------|------|------|
| Weighted Average | | | 485 | 41 | 529 | 4.05 | 0.93 | 539.2 | *1720 | *51.29 | 53 | 16.46 | 79.31 | 11.95 | 3.32 | 0.04 |
| | | | | | | | | | | | 98.7% | 13.6% | 65.5% | 22.2% | 6.2% | 0.1% |

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | CalcM (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-----------|-------------------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | |
| Calories | 485 | | 400 - 550 | | 100% | | | | | | | | | | | | |
| Cholesterol (mg) | 41 | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 529 | | 600 | | 88% | | | | | | | | | | | | |
| Fiber (g) | 4.05 | | | | | | | | | | | | | | | | |
| Iron (mg) | 0.93 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 539.2 | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 1720 | | | | | Missing | | | | | | | | | | | |
| Sugars (g) | 53 | 43.88% | | | | | | | | | | | | | | | |
| Vitamin C (mg) | 51.29 | | | | | Missing | | | | | | | | | | | |
| Protein (g) | 16.46 | 13.58% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 79.31 | 65.45% | | | | | | | | | | | | | | | |
| Total Fat (g) | 11.95 | 22.19% | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 3.32 | 6.17% | | <=30.00% | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.04 | 0.08% | | <10.00% | | | | | | | | | | | | | |

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/24/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 5231 | | | | | | | | | | | | | | |
| Concha, WG PINK-'24 | Each(2G) | 6155 | 200 | 5 | 90 | 2.00 | 1.80 | 40.0 | 40 | 0.0 | 8 | 5.0 | 34.0 | 6.0 | 1.50 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz) | 6155 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| BANANAS | 1 EACH | 1622 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 575 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 5580 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 469 | 13 | 363 | 3.17 | 2.20 | 312.2 | 1306 | 38.02 | 52 | 16.92 | 86.50 | 7.44 | 1.97 | 0.00 |
| % of Calories | | | | | | | | | | | 43.9% | 14.4% | 73.8% | 14.3% | 3.8% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|-----------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|--------|--------|------|
| Tue - 02/25/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 5788 | | | | | | | | | | | | | | |
| Cinnis, Mini 2,29oz 2017 | pkg(2G) | 5788 | 240 | 0 | 270 | 2.00 | 1.44 | 40.0 | 75 | 0.0 | 15 | 5.0 | 39.0 | 7.0 | 1.50 | 0.00 |
| Juice, Wildberry, 4oz, 2024 | Each(4oz) | 5788 | 60 | 0 | 15 | 0.00 | 0.00 | 200.0 | 2000 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| GRAPES,Fresh PKG '23 | serv.(1/2 cup) | 1625 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 622 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 5163 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 429 | 6 | 489 | 2.12 | 1.48 | 457.8 | 3034 | 30.52 | 51 | 13.18 | 75.56 | 7.31 | 1.68 | 0.00 |
| % of Calories | | | | | | | | | | | 47.2% | 12.3% | 70.5% | 15.4% | 3.5% | 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

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Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

Page 2

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|----------------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|---------------|--------------|-------------------------|
| Wed - 02/26/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 4425 | | | | | | | | | | | | | | |
| UBR - BRKFST CINN ROUND 2 020 | EACH(2G) | 4425 | 280 | 5 | 190 | 6.29 | 0.68 | 29.8 | 8 | 0.01 | 19 | 5.0 | 44.0 | 8.0 | 3.00 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz serv. (1.1 | 4425 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| Craisins, Watermelon | 6 oz) | 1625 | 110 | 0 | 0 | 3.00 | 0.00 | 0.0 | 120 | 0.0 | 24 | 0.0 | 28.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 575 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3850 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 495 | 11 | 406 | 7.39 | 0.68 | 259.3 | 1087 | 30.01 | 60 48.6% | 14.13 11.4% | 87.50 70.7% | 8.32 15.1% | 3.19 5.8% | 0.00 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|-----------------|------|---------|----|-----|------|------|-------|------|-------|-------------|----------------|----------------|---------------|--------------|--------------|
| Thu - 02/27/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 5825 | | | | | | | | | | | | | | |
| DOUBLE CHOC. BAR- 2017 | EACH(2G) | 5825 | 270 | 0 | 230 | 5.00 | 2.70 | 20.0 | 105 | 0.0 | 21 | 5.0 | 48.0 | 8.0 | 2.50 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 5825 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| TANGERINES,FRESH | Serving | 722 | 89 | 0 | 3 | 3.02 | 0.25 | 62.2 | 1144 | 44.86 | 18 | 1.36 | 22.41 | 0.52 | 0.07 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 675 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 5150 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 456 | 6 | 448 | 5.37 | 2.73 | 245.1 | 1189 | 35.56 | 57 49.7% | 13.28 11.7% | 85.08 74.6% | 8.35 16.5% | 2.68 5.3% | 0.00 0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|-----------------------------|-----------------|------|-----|----|-----|------|------|-------|------|-------|-----|------|-------|-------|------|-------|
| Fri - 02/28/2025 | | | | | | | | | | | | | | | | |
| MS BIC Breakfast | Total | 3344 | | | | | | | | | | | | | | |
| BREAD,BANANA 2023 | 1 EACH | 4226 | 329 | 39 | 170 | 3.91 | 1.14 | 28.0 | 87 | 4.04 | *29 | 4.56 | 49.55 | 14.45 | 1.37 | *0.00 |
| Orange juice, DW; 4oz.2024 | EACH(4 oz | 4226 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced '23 2oz | pkg. (2oz) | 1855 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 688 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| MILK,NF Chocolate DW 2024 | EACH (1/2 pint) | 3538 | 120 | 5 | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0 | 19 | 8.0 | 20.0 | 0.0 | 0.00 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

MS BIC Breakfast

Portion Values - Detailed

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Generated on: 2/4/2025 10:43:51 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average | | | 656 | 58 | 486 | 6.05 | 1.54 | 337.1 | 1425 | 111.59 | *81 | 17.34 | 108.79 | 18.77 | 2.04 | *0.01 |
| % of Calories | | | | | | | | | | | *49.1% | 10.6% | 66.3% | 25.7% | 2.8% | *0.0% |
| Nutrient Guideline | | | 400-550 | | 600 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|------|-------|--------|-------|-------|-------|------|-------|
| Weighted Average | | | 501 | 19 | 439 | 4.82 | 1.73 | 322.3 | 1608 | 49.14 | *60 | 14.97 | 88.69 | 10.04 | 2.31 | *0.00 |
| | | | | | | | | | | | *107.6 | 12.0% | 70.8% | 18.0% | 4.2% | *0.0% |

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories | 501 | | 400 - 550 | 100% | | | | |
| Cholesterol (mg) | 19 | | | | | | | |
| Sodium 1 (mg) | 439 | | 600 | 73% | | | | |
| Fiber (g) | 4.82 | | | | | | | |
| Iron (mg) | 1.73 | | | | | | | |
| Calcium (mg) | 322.3 | | | | | | | |
| Vitamin A (IU) | 1608 | | | | | | | |
| Sugars (g) | 60 | 47.82% | | | Missing | | | |
| Vitamin C (mg) | 49.14 | | | | | | | |
| Protein (g) | 14.97 | 11.95% | | | | | | |
| Carbohydrate (g) | 88.69 | 70.79% | | | | | | |
| Total Fat (g) | 10.04 | 18.03% | <=30.00% | | | | | |
| Saturated Fat (g) | 2.31 | 4.15% | <10.00% | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | Missing | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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